



AWAKEN THE SHAMAN WITHIN

SATURDAY
June 23,
9:30am-6:30pm

Bring an open heart and mind, a pillow, blanket and/or sleeping bag, journal and pen. Wear comfortable clothing. Bring a bag lunch and a bottle of water.

A Day of Shamanic Breathwork™

Join us as we enter sacred space and shamanic time to awaken our vision of our Soul's Purpose. We will use the power of the breath, chakra-attuned music, focused body work, mandala art, ritual and group sharing. The Shamanic Breathwork™ Process is a powerful healing tool that integrates ancient shamanic wisdom with modern-day healing practices.

AT THE RESIDENCE OF JULIE THOMAS

8933 Brook Road, McLean, Va 22102

Sponsored by **Gilbert Gallego**,
Reiki Jin Kei Do Master

gilbertgallego@comcast.net or www.ReikiJinKeiDo.org

Cost: \$120 Register by sending a \$50 deposit to Venus Rising, PO Box 486, Sylva, NC 28779. For more information and/or to register, call 828-631-2305 or email: ruby@shamanicbreathwork.org. Credit cards OK.



facilitated by

Ruby Falconer

Ruby is the Lead Trainer, Staff Astrologer and Business Manager for the Venus Rising Association for Transformation at the Isis Cove Retreat Center in Whittier, NC.

www.shamanicbreathwork.org