

Gilbert A. Gallego
Reiki Jin Kei Do Master Teacher
2008 Reiki Jin Kei Do Seminar Schedule

For planning purposes, the following dates have been established for
Reiki Jin Kei Do classes for 2008.

<u>Dates</u>	<u>Class</u>	<u>Location</u>
Jan 12 - 13	<u>Mastership Phase 3 for Class 7</u> <i>How to teach a Second Degree Course</i> Instructors: Gilbert Gallego, Anne Aden, & Stella Koch	Woodbridge, VA
Feb 2-3	<u>First Degree Reiki Jin Kei Do Class</u> <ul style="list-style-type: none">• Historical evolution of Reiki Jin Kei Do• Receive 4 energy attunements for receiving Reiki• Learn self treatment and seated-chair treatment protocols• Mindfulness meditation and Gathering Stars Qigong Co-teach with Mastership Class 6 & 7 students Cost: \$225 / Deposit: \$75 / Review: \$75	AKS, Herndon, VA
Mar 15 -16	<u>Second Degree Reiki Jin Kei Do Class</u> <ul style="list-style-type: none">• Receive 2 energy attunements• Learn 3 sacred Reiki symbols• Learn lying-down treatment protocol• Distant healing and mental-emotional processes Co-teach with Mastership Class 6 & 7 students Cost: \$300 / Deposit: \$100 / Review: \$100	AKS, Herndon, VA
Mar 29	<u>Qigong: Awaken the Healer Within.</u> <ul style="list-style-type: none">• Movements cultivate and circulate Qi – life force• Relax your body and mind – reduce stress• Strengthen and support your immune system• Body, mind, and spirit become balanced	AKS, Herndon, VA

The course is co-taught by Pauline Reid, Certified Qigong Teacher and Liz Cournoyer, Reiki Master and Qigong Teacher. To register, send a check payable to Pauline Reid to: Pauline Reid, 11511 Ivy Bush Court, Reston, VA 20191. The cost of the course is: **Register by March 8 = \$90; after March 8 = \$100.** For additional information, please contact Pauline at 703-860-9373 or reidpr@hotmail.com.

Apr 5 -6 **Second Degree Reiki Jin Kei Do Class** Hagerstown, MD

- Receive 2 energy attunements
- Learn 3 sacred Reiki symbols
- Learn lying-down treatment protocol
- Distant healing and mental-emotional processes

Course will be taught by Anne Aden, Reiki Master. Cost: \$150
For additional information, please call Anne Aden at 717-762-0990

Apr 12 **One-day Modified First Degree Reiki Jin Kei Do Class** Fairfax, VA

- Historical evolution of Reiki Jin Kei Do
- Receive 4 energy attunements for receiving Reiki
- Learn self treatment and seated-chair treatment protocols
- Mindfulness meditation and Gathering Stars Qigong

For additional information, contact Karl and Angela Robb at karl@truetip.com or 703-277-9666

Apr 19 - 21 **Buddho-EnerSense Level 1** AKS, Herndon, VA

Teacher: **Kunzang Dechen Chodron**

The first empowerments to the sacred teachings that Seiji Takamori received in Nepal

- Instruction in the first two levels of Buddho EnerSense meditation
- Instruction for the Chi Nadi energy cultivation exercises
- Treatment methods using Buddho meditation & pulse point on the marmas

Must have completed Reiki Jin Kei Do Second Degree

Cost: \$400 / Deposit: \$100 / Review: \$100

**Please send your deposits made out to Liz Cournoyer to: 3 Orchard Way South,
Rockville, MD, 20854**

Jun 27 - 29 **Reiki Jin Kei Do Mastership Phase 4, Class 7** West Virginia
How to conduct the Mastership Program
Final phase of training for Class 7
Instructors: Gilbert Gallego, Anne Aden and Stella Koch

Jul 26 - 28 **Reiki Jin Kei Do Mastership Class 8** Fairfax, VA
A Reiki Jin Kei Do Mastership training program will be offered for 2008- 2009.
The over-all training program consists of four phases conducted over a 12- month period interspersed with co-teaching of First and Second Degree classes. This course will be co-taught and administered jointly by **Reiki Masters Gilbert Gallego, Anne Aden, and Stella Koch**. Phase 1 and Phase 2 will be presented on **July 26 - 28**. All potential students must have completed the Third Degree Senior Practitioner Course **or be registered** to participate in this course in November 2008. Consideration for the training requires a Letter of Intent and a private meeting with Reiki Master Gilbert Gallego. **Cost: \$3,500** payable in 3 equal installments or 12 monthly installments plus a **\$100 fee** for course materials. *All students interested in this course of instruction must inform the instructor by May 1, 2008.*

Sep 6 - 7 **First Degree Reiki Jin Kei Do Class** AKS, Herndon, VA

- Historical evolution of Reiki Jin Kei Do
- Receive 4 energy attunements for receiving Reiki
- Learn self treatment and seated-chair treatment protocols
- Mindfulness meditation and Gathering Stars Qigong

Co-teach with Mastership Class 7 & 8 students
Cost: \$225 / Deposit: \$75 / Review: \$75

Oct 4 - 5 **Second Degree Reiki Jin Kei Do Class** AKS, Herndon, VA

- Receive 2 energy attunements
- Learn 3 sacred Reiki symbols
- Learn lying-down treatment protocol
- Distant healing and mental-emotional processes

Co-teach with Mastership Class 7 & 8 students
Cost: \$300 / Deposit: \$100 / Review: \$100

Oct 24 - 26 **Reiki Jin Kei Do Residential Retreat** Skyland, VA

For Reiki Masters, 3rd Degree Senior Practitioners, and 2d Degree Practitioners

- Integrating the 3 pillars of the Reiki Jin Kei Do tradition
- Concentration on Reiki practice, Meditation, and Qigong
- Topics related to Reiki and the healing arts will be included

Cost: \$70 for Retreat. Room and meals are separate.

Nov 15 - 17 **Third Degree Senior Practitioner Course** AKS, Herndon, VA

- Must have completed Second Degree RJKD seminar
- Receive 22-point attunement
- Receive 3 Reiki sessions and conduct 5 Reiki sessions w/ outside clients
- Focus is on working with clients with lower-back issues
- Protocol incorporates energy, structure, breath, and intention

Cost: \$375 / Deposit: \$100 / Review: \$100

Students that have taken a particular level of training may review the same course for \$100

Note for Senior Students: (Second Degree and above)

Please let Gilbert know if you are interested in assisting with logistics and helping balance students prior to the Attunement at any of the above classes. You must have completed the course you are requesting to assist at.