

Gilbert A. Gallego
Reiki Jin Kei Do Master Teacher
2010 Reiki Jin Kei Do Class Schedule

**For planning purposes, the following dates have been established for
Reiki Jin Kei Do classes for Fall 2009 and Spring 2010.**

November 7-8, 09 First Degree Reiki Jin Kei Do Class AKS, Herndon, VA

- Historical evolution of Reiki Jin Kei Do
- Receive 4 energy attunements for receiving Reiki
- Learn self treatment and seated-chair treatment protocols
- Mindfulness meditation and Gathering Stars Qigong

Co-teach with Mastership Class 9 students

Cost: \$225 / Deposit: \$75 / Review: \$75

January 9-10, 10 Mastership Phase 3 for Class 9 Great Falls, VA

How to teach a Second Degree Course

Instructors: Gilbert Gallego, Anne Aden, & Stella Koch

March 13-14, 10 Second Degree Reiki Jin Kei Do Class AKS, Herndon, VA

- Receive 2 energy attunements
- Learn 3 sacred Reiki symbols
- Learn lying-down treatment protocol
- Distant healing and mental-emotional processes

Co-teach with Mastership Class 9 students

Cost: \$300 / Deposit: \$100 / Review: \$100

May 29-31, 10 Buddho-EnerSense Level 1 AKS, Herndon, VA

Teacher: **Kunzang Dechen Chodron**

The first empowerments to the sacred teachings that Seiji Takamori received in Nepal

- Instruction in the first two levels of Buddho EnerSense meditation
- Instruction for the Chi Nadi energy cultivation exercises
- Treatment methods using Buddho meditation & pulse point on the marmas

Must have completed Reiki Jin Kei Do Second Degree

Cost: \$400 / Deposit: \$100 / Review: \$100

June 12-13, 10 **First Degree Reiki Jin Kei Do Class** **AKS, Herndon, VA**

- Historical evolution of Reiki Jin Kei Do
- Receive 4 energy attunements for receiving Reiki
- Learn self treatment and seated-chair treatment protocols
- Mindfulness meditation and Gathering Stars Qigong

Co-teach with Mastership Class 9 students

Cost: \$225 / Deposit: \$75 / Review: \$75

August 7-8, 10 **Second Degree Reiki Jin Kei Do Class** **AKS, Herndon, VA**

- Receive 2 energy attunements
- Learn 3 sacred Reiki symbols
- Learn lying-down treatment protocol
- Distant healing and mental-emotional processes

Co-teach with Mastership Class 9 students

Cost: \$300 / Deposit: \$100 / Review: \$100

September 2010 **Reiki Jin Kei Do Mastership Phase 4, Class 9** **West Virginia**

How to conduct the Mastership Program

Final phase of training for Class 9

Instructors: Gilbert Gallego, Anne Aden and Stella Koch

Fall 2010 **Reiki Jin Kei Do Residential Retreat** **Skyland, VA**

For Reiki Masters, 3rd Degree Senior Practitioners, and 2d Degree Practitioners

- Integrating the 3 pillars of the Reiki Jin Kei Do tradition
- Concentration on Reiki practice, Meditation, and Qigong
- Topics related to Reiki and the healing arts will be included

Cost: \$85 for Retreat. Room and meals are separate.

November 6-7-8, 10 **Third Degree Senior Practitioner Course** **AKS, Herndon, VA**

- Must have completed Second Degree RJKD seminar
- Receive 22-point attunement

- Receive 3 Reiki sessions and conduct 5 Reiki sessions w/ outside clients
- Focus is on working with clients with lower-back issues
- Protocol incorporates energy, structure, breath, and intention

Cost: \$375 / Deposit: \$100 / Review: \$100

Registration Form for Reiki Jin Kei Do Class:

Name _____
Address _____
Phone _____
E-mail _____

Please make checks out to Gilbert A. Gallego and send to Fairfax Skin Care Center, 10805 Main Street, Suite 500, Fairfax, VA 22030. For additional information, please call 703-385-1019.