



# AWAKEN THE SHAMAN WITHIN

**SATURDAY  
AUGUST 13,  
9:30am-6:30pm**

Bring an open heart and mind, a pillow, blanket and/or sleeping bag, journal and pen. Wear comfortable clothing. Bring a bag lunch and a bottle of water.

## A Day of Shamanic Breathwork™

Join us as we enter sacred space and shamanic time to awaken our vision of our Soul's Purpose. We will use the power of the breath, chakra-attuned music, focused body work, mandala art, ritual and group sharing. The Shamanic Breathwork™ Process is a powerful healing tool that integrates ancient shamanic wisdom with modern-day healing practices.

**AKS MASSAGE SCHOOL, HERNDON, VA**

**Sponsored by Gilbert Gallego,**  
Reiki Jin Kei Do Master

[gilbertgallego@comcast.net](mailto:gilbertgallego@comcast.net) or [www.ReikiJinKeiDo.org](http://www.ReikiJinKeiDo.org)

Must have completed Reiki Jin Kei Do Second Degree.  
Must have a personal discussion with Gilbert before registering!

**Cost: \$120** Register by sending a \$50 deposit to Gilbert Gallego at Fairfax Skin Care Center, 10805 Main Street, Suite 500, Fairfax, VA 22030



facilitated by

*Ruby Falconer*

Ruby is the Lead Trainer, Staff Astrologer and Business Manager for the Venus Rising Institute for Shamanic Healing Arts at Isis Cove Retreat Center, Whittier, NC.